

Discussion Guide

Lorin Lily Camp Explore and More

A brave-and-bold guide for ages 3–8, created for parents, grandparents, caregivers, and teachers.

Bravery

Confidence

Growth

Friendship

New experiences



1 About the story

Lorin Lily is facing one of her biggest challenges yet — going to camp for the first time! Camp Explore feels unfamiliar and a little frightening, but Lorin Lily finds the courage to try something new before she even arrives. On the very first day, she meets a new friend named Mimi. Together they discover exciting activities and the joy of stepping outside their comfort zone — learning that believing in yourself brings the biggest rewards of all — and by the end, Lorin Lily is already asking if she can come back next year!

2 Talk about it

- Before camp, Lorin Lily feels nervous because Camp Explore is unfamiliar. Have you ever felt nervous about trying something new? What was it?
- Lorin Lily finds her courage before she even arrives. What does “courage” mean? Can you feel scared and brave at the same time?
- On the first day of camp, Lorin Lily meets a new friend named Mimi. How do you think they became friends? What do you do to make someone feel welcome?
- At the end of the story, Lorin Lily asks if she can come back next year! How did her feelings about camp change from the first day? What’s something you dreaded that turned out to be fun?
- Lorin Lily learns to believe in herself. What’s something you’re proud you learned to do? What would you tell Mimi if she felt nervous on her first day?



3 Do together

Courage badges

Make paper badges that say “I tried something new!” Decorate them, then award one to each family member for something brave they did this week.

Camp at home

Build a blanket-fort “camp” in the living room. Plan three camp activities together — a story, a game, and a snack — just like Camp Explore.

First-day feelings

Draw two pictures: how you feel before trying something new, and how you feel after. Talk about what changed in between.

A note for grown-ups

This book meets children right where they are — on the edge of something new and a little scary. Lorin Lily’s story shows that courage isn’t the absence of fear; it’s trying anyway. Read it before a first day of school, camp, or any big change to give children language for their feelings — and a hero who felt the same way. The story’s real gift is its ending: confidence isn’t something you wait for, it’s something you build, one brave try at a time.

Ask: “What’s something new you’d like to try? I’ll try it with you.”